

# family consent form

parent or guardian to complete



indoor climbing  
sutton

## family's details:

adult's name	date of birth
--------------	---------------

adult's name	date of birth
--------------	---------------

child's name	date of birth
--------------	---------------

child's name	date of birth
--------------	---------------

course/activity	date/s
-----------------	--------

family address

	postcode
--	----------

home tel. number	mobile
------------------	--------

email address

details of any special medical conditions, allergies and any current medication
---

name of GP

GP's tel. number

**climbing participation statement:** "The British Mountaineering Council recognises that climbing and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement."

**caving participation statement:** "The participant recognises that indoor caving is an activity with a danger of personal injury or death. Participants in this activity should be aware of and accept these risks and be responsible for their own actions and involvement. The participant also recognises that the caving system is unlit, has sections of restricted width/height and is an enclosed environment."

I HAVE READ AND UNDERSTOOD THE ABOVE PARTICIPATION STATEMENT AND AGREE TO THE TERMS AND CONDITIONS OF USE AND RULES OF CRAGGY ISLAND AND CONSENT TO THE ABOVE NAMED CHILD OR CHILDREN CLIMBING AND/OR CAVING SUPERVISED AT THE CRAGGY ISLAND SUTTON VENUE. I HAVE ENSURED THAT MY CHILD OR CHILDREN UNDERSTANDS THAT WHEN PARTICIPATING IN THE APPLICABLE SPORT, ANY INSTRUCTIONS GIVEN BY CRAGGY ISLAND STAFF MUST BE ADHERED TO AT ALL TIMES. I UNDERTAKE TO INFORM STAFF OF ANY CHANGES IN THE CHILDS' HEALTH AND ANY MEDICAL TREATMENT RECEIVED.

I HAVE READ AND UNDERSTOOD THE ABOVE PARTICIPATION STATEMENT AND AGREE TO THE TERMS AND CONDITIONS OF USE AND RULES OF CRAGGY ISLAND AND AGREE TO BE SUPERVISED BY A CRAGGY ISLAND INSTRUCTOR OR STAFF MEMBER. I AM OVER 17 YEARS OF AGE.

signed by parent/guardian	date
---------------------------	------

signed by parent/guardian	date
---------------------------	------

# terms and conditions of use and rules

of Craggy Island Climbing Centre, Sutton

## Association of British Climbing Walls conditions of use

**Risks** - "The British Mountaineering Council recognises that climbing and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement."

Although the climbing centre is an artificial environment the risks involved are no less serious than when climbing outside on a crag or mountain. There is an additional risk that bolt-on holds can spin or break.

The soft flooring under the bouldering walls is designed to provide a more comfortable landing for climbers falling from the bouldering wall. THE SOFT FLOORING DOES NOT MAKE THE CLIMBING ANY SAFER. Broken and sprained limbs are common on this type of climbing wall despite the soft landing. Uncontrolled falls are likely to result in injuries to yourself or others.

Climbing beyond your capabilities on any wall is likely to result in a fall. Any fall may result in an injury despite the safety systems in place to avoid it. You must make your own assessment of the risks whenever you climb.

**Our Duty of Care** - The rules of the climbing centre set out below are not intended to limit your enjoyment of the facilities. They are part of the duty of care that we as operators, owe to you the customer, by law. As such they are not negotiable and if you are not prepared to abide by them then the staff must politely ask you to leave.

**Your Duty of Care** - You also have a duty of care to act responsibly towards the other users of the centre. Statements of 'Good Practice' are posted around the centre adjacent to the relevant facilities. These describe the accepted methods of use and how customers would normally be expected to behave towards each other.

**Unsupervised Climbing** - Before you climb without supervision the centre expects you to be either a competent boulderer or have taken our safety induction tour. You are required to register to accept that you know how to use the centre, that you are prepared to abide by the Rules below and that you understand the risks involved in your participation.

**Children** - All children within the centre must be supervised by a registered adult, unless they have been assessed by the management and registered for unsupervised climbing.

Craggy Island has a separate child protection policy that is available for viewing when requested.

No under 8yrs unless at special designated times when over 5's may be acceptable.

## Association of British Climbing Walls standard rules

### General Safety

- Report to reception on each visit before you climb.
- You must exercise care, common sense and self preservation at all times.
- Report any problems with the walls, equipment or other climbers' behaviour to a member of staff immediately.
- Be aware of the other climbers around you and how your actions will affect them.
- Do not distract people while they are climbing.
- Stand well back from the climbing walls unless you are spotting a climber. Never stand directly under someone who is climbing.

### Bouldering

- Always climb within your capabilities and descend by down climbing.
- Do not wear a harness or any other item of equipment that may increase the risk of injury when landing.
- Never climb directly above or below another climber.

## Craggy Island standard rules

- No smoking or alcohol on the premises. No admittance to those deemed to be under the influence of drugs or alcohol.
- Rucksacks/gear only within the lockers provided.
- No access into the interior wall areas cordoned off areas or private/staff only/ no admittance areas.
- No running in the centre.
- Do not block fire exits or aisles.
- Staff are here for your safety and have a duty of care to make comment on unsafe practices. Anyone who does not adhere to up to date safe practices even after comment will have their registration revoked. We reserve the right to refuse entry to customers for reasons of safety or inappropriate behaviour.
- If you require assistance, please ask a Craggy Island staff member; please be aware that if that staff member is in charge of a group you may have to wait for assistance until their clients are safely at ground level.

- Only Craggy Island Staff may instruct at Craggy Island, any other persons performing paid instruction will be asked to leave the centre unless specifically cleared with centre management.
- If aged 16 years or under. NO SIGNED PARENTAL CONSENT FORM, NO CLIMBING. THIS IS ABSOLUTELY WITHOUT EXCEPTION; ANY QUERIES IMMEDIATELY REFER TO CENTRE MANAGEMENT.
- No unauthorised photography.
- Craggy Island accepts no responsibility of liability for any loss or damage to any persons property in relation to the usage of Craggy Island and the surrounding parking areas.
- Personal property being used at or left at Craggy Island is entirely at customers' own risk.
- When participating in a competition hosted by Craggy Island, all competitors and spectators will be required to abide by all rules and restrictions specific to that day, in addition to all Terms and Conditions as above.

## Craggy Island standard rules for climbing

- Craggy Island recommend that you descend from the bouldering wall by down climbing.
- Write details of any loose or spinning holds immediately into the spinners log. Duty Managers periodically check for spinners, if a spinner is considered dangerous immediately raise with the centre staff.
- Always be aware of climbers above who may fall at any time.
- No throwing of chalk and any marking of any walls or flooring.
- No climbing over the top of any of the climbing walls.
- No food or drink on the climbing floor area.

- If a member of Craggy Island Staff approaches you to amend a best practice issue or shows you a skill, this skill applies only to the situation at the time of teaching, it may not apply to other climbing situations either indoor or outdoor and you should seek professional instruction for all your future climbing situations, courses can be requested through Craggy Island.
- When participating in a competition hosted by Craggy Island, all competitors and spectators will be required to abide by all rules and restrictions specific to that day, in addition to all Terms and Conditions as above.

## Craggy Island standard rules for caving

- All cavers are required to wear a helmet and head light.
- There is a minimum of two and a maximum of nine people to use the caves at any one time.
- There cannot be adults and children caving at the same time unless they are from the same family.
- The caves are closed for use for registered members when there is a party or group session in operation.

- All cavers must be cleared to start by a member of staff before entry at reception and signed in for its use.
- When you have finished your caving session you must report back to reception.
- Initial entrance is only via the reception entry point. However, re-entrance is allowed through all other points in the caving room until your session is finished.
- You must be aware the caving system at Craggy Island is unlit, has restricted width and height and is an enclosed and uneven environment.